PERSONAL BIODATA

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OUALIFICATION:

Bachelor of Pharmacy: Obtained from Department of Pharmacy, University of Peshawar in 1996.

M.Phil: Got the degree on title "Pharmacological investigation on indigenous plant, *Hypericum perforatum*, potentially useful for pain and addiction". in the field of **Pharmacology**, Department of Pharmacy, University of Peshawar

Ph.D: Got the degree on title "Studies on antispasmodic and bronchodilator activities of selected indigenous medicinal plants". from Department of **Pharmacology**, University of Karachi, Karchi

PROFESSIONAL EXPERIENCE:

- **1.** Has been Teaching, Training and involving in research as Professor, Assistant Professor and Lecturer since Sept. 2005 at Department of Pharmacy, University of Malakand at graduate post-graduate and fellow-teachers level.
- **2.** Gained a blend of experience in **TESTING**, **MANUFACTURING** various dosageforms and **MARKETTING** in the field of pharmaceuticals at national level.
- **3.** Learned registering inventory, issurance and check over drugs for in-patients in Hospital, Peshawar.
- **RECENT COMMITMENTS:** Mainly involved in scientific screening of the local flora reported to have health value and putting to investigations to explore the constituents and the possible mode of action/basic mechanistics that modify the physiologic effect in living system. These include
 - 1. Boswellia serreta/P. incarnata
 - 2. Viola canescence.
 - **3.** *Lepidium sativum*
 - **4.** Eryngium sativum.
 - 5. Mentha arvensis.

RESEARCH INTEREST:

- 1. To explore new compounds in plants those mitigate and /or cure drug dependence, Diabetes mellitus, Hypertension, Cardiac arrhythmeias and safe solution to GIT disorders like spasms, pain, diarrhea, nausea and vomiting in in-vitro and in-vivo animals models.
- **2.** To modify and improve the conventional tools and search new models for evaluation of drug's effects.

RESEARCH EXPERIENCE:

A. CNS PHARMACOLOGY

1. Effect of Drugs on animal behaviors with respect to depression, dependence and pain

B. CARDIOVASCULAR, RESPIRATORY TRACT & GIT PHARMACOLOGY

- **2.** Calcium antagonistic activity in smooth muscles (voltage dependent and internal stored calcium).
- **3.** Alpha adrenoceptor agonistic/antagonistic activity
- **4.** Phosphodiesterase inhibitory activities
- 5. Cholinergic and anticholinergic activities.

C. ANIMALS HOUSE MANAGEMENT

To maintain Rodent's BREEDING, BREADING & BORDING

RESEARCH COLLABORATIONs:

- 1. Department of Pharmacy, University of Peshawar.
- 2. The AGA Khan University and Hospital, Karachi

RESEARCH TECHNIQUES AND SKILLS:

It includes Basic Pharmacological Techniques for:

A. in-vitro studies

1. Cardiovascularsystem

Rabbit/Rat aorta

Guinea-pig atria

Langendorff s isolated heart experiments

2. Gastrointestinal system

Rabbit jejunum

Guinea-pig Ileum

Guinea-pig gall bladder

Rat stomach fundus

3. Respiratory system

Rabbit trachea

Guinea-pig trachea

4. Reproductive system

Rat Uterus-

B. in-vivo studies

- **1.** *In vivo* Dependence studies (rats)
- **2.** *In vivo* Depression studies (rats)
- **3.** *In vivo* analgesia measuring studies (rats)
- **4.** *In vivo* BP measuring studies (rats)
- **5.** *In vivo* Antidiarrheal studies (mice)
- **6.** *In vivo* Laxative studies (mice)
- 7. *In vivo* Bronchodilatory studies (rats)
- **8.** *In vivo* Gastrokinetics studies (mice/rats)
- **9.** *In vivo* behavioural studies (rats)
- **10.** *In vivo* Toxicity studies (mice)

PUBLICATIONS:

1. Munasib Khan and Anwarul Hassan Gilani. Studies on Blood Pressure Lowering, Vasodilator and Cardiac Suppressant Activities of Vitex negundo: Involvement of K+ Channel Activation and Ca++ Channel Blockade. International Journal of Pharmacology 11(2):137-142 · (2015).ISSN 1811-7775.

DOI: 10.3923/ijp.2015.137.142.

2. Munasib Khan, Abdul Jabbar Shah and Anwarul Hassan Gilani (2015). Insight

- Into the bronchodilator activity of Vitex negundo. Journal of Pharmaceutical biology http://informahealthcare.com/eprint/wmPtw4pMBvEtsHW6UHRM/full
- **3. Munasib Khan** Najeeb-ur-Rehman, Arif-ullah Khan and Anwarul-Hassan Gilani Blood Pressure Lowering Effect of Morus alba is Mediated Through calcium Antogonist Pathway.International Journal of Pharmacology.10(4):225-230. 2014 ISSN 1811-7775 DOI;10.3923/ijp (**2014**).
- **4. Munasib Khan** Najeeb-ur-Rehman, Arif-ullah Khan and Anwarul-Hassan Gilani Cardiovascular inhibitory properties of Lens culinaris. Journal of the Bangladesh Pharmacological Society (BDPS); www.bdps.info Bangladesh J Pharmacol (**2014**) 9: 303-306. Journal homepage: www.banglajol.info. ISSN: 1991-0088; DOI: 10.3329/bjp.v9i3.19090.
- **5. Munasib Khan** Najeeb-ur-Rehman, Arif-ullah Khan and Anwarul-Hassan Gilani Blood pressure lowering, vasodilator and cardiac-modulatory potential of Carum roxburghianum seed extract. Clinical and Experimental Hypertension http://informahealthcare.com/ceh ISSN: 1064-1963 (print), 1525-6006 (electronic) Clin Exp Hypertens, Early Online: 1–6 (**2014**) Informa Healthcare USA, Inc. DOI: 10.3109/10641963.2014.913602.
- **6. Munasib Khan** Najeeb-ur-Rehman, Arif-ullah Khan and Anwarul-Hassan Gilani Pharmacological basis for the medicinal use of Lens culinaris in gastrointestinal and respiratory disorders. PHYTOTHERAPY RESEARCH Phytother. Res. (**2014**) Published online in Wiley Online Library. wileyonlinelibrary.com) DOI:0.1002/ptr.5136 [http://www.ncbi.nlm.nih.gov/pubmed/24610729].
- **7. Munasib Khan**, Fazal Subhan, Arif ullah Khan, Muzafar Abbas, Gowhar Ali, Khalid Rauf and Anwar Gilani. Nature cures nature; Attenuation of physical withdrawal signs in opium dependent rats by *Hypericum perforatum* (**2013**). Pharmaceutical Biology. Informa Healthcare. 52(5); 586-590. (http://informahealthcare.com/doi/abs/10.3109/13880209.2013.854811) http://informahealthcare.com/doi/pdfplus/10.3109/13880209.2013.854811
- **8. Munasib Khan,** Abdul Jabbar Shah and Anwarul Hassan Gilani (**2013**). Antidiarrheal and antispasmodic activities of Vitex negundo are mediated through calcium channel blockade. Bangladesh J. Pharmacol; 8: 317-322. (www.bdjpharmacol.com)
- **9. Munasib Khan** Najeeb-ur-Rehman, Arif-ullah Khan and Anwarul-Hassan Gilani (2012). Pharmacological basis for the medicinal use of Morus alba in gut and Airways disorders. A Journal of the Bangladesh Pharmacological Society (BDPS) Bangladesh J Pharmacol **2012**; 7: 289-298. Journal homepage: www.banglajol.info; www.bdjpharmacol.com
- **10. Munasib Khan**, Arif-ullah Khan, Najeeb-ur-Rehman, Anwarul-Hassan (2012) Gilani.Gut and airways relaxant effects of Carum roxburghianum Journal of Ethnopharmacology 141 938–946.
- **11. Munasib Khan**, Arif-ullah Khan, Najeeb-ur-Rehman, Muhammad Abdullah Zafar, Ali Hazrat, Anwarul-Hassan Gilani (2012). Cardiovascular Effects of Juniperus excelsa Are Mediated Through Multiple Pathways. Clinical and Experimental Hypertension. Informa Healthcare USA, Inc. 34,209–216
- **12. Munasib Khan** Arif-ullah Khan Najeeb-ur-Rehman Anwarul-Hassan Gilani, (**2011**). Pharmacological explanation for the medicinal use of Juniperus excelsa in

- hyperactive gastrointestinal and respiratory disorders. Journal of Natural Medicine The Japanese Society of Pharmacognosy and Springer. 66, 292–301.
- **13.** Arif-ullah KHAN Anwarul-Hassan GILANI, **Munasib KHAN** & Fazal SUBHAN, (2011). Pharmacological Explanation for Medicinal Use of St. John's Wort in the Hypo-Motility Disorder of Gut. Latin American Journal of Pharmacy (formerly Acta Farmacéutica Bonaerense) Lat. Am. J. Pharm. 30 (3) 1-4.
- **14.** Abbas M., Subhan F., Mohani N., Rauf K., Ali G.and **Khan M**, (2011). The involvement of opioidergic mechanisms in the activity of Bacopa monnieri extract and its toxicological studies. African Journal of Pharmacy and Pharmacology Vol. 5(8), pp.1120-1124, August 2011(http://www.academicjournals.org/ajpp).
- **15.** Arif-ullah Khan, **Munasib Khan**, Fazal Subhan, Anwarul Hasan Gilani. Antispasmodic, bronchodilator and blood pressure lowering activities of Hypericum oblongifolium are mediated through calcium channel blockade, (**2009**). Phytother.ResWiley Inter Science, 24. 1027–103.
- 16. AnwarulHassan Gilanin, Arif-Ullah Khan, Fazal Subhan, Munasib Khan, (2005). Antisposmodic and bronchodilator activities of St John's Wort are putatively mediated through dual inhibition of calcium influx and phosphodiestrases. Fundamental & Clinical Pharmacology journal compilation 2005 Blackwell Publishing Ltd. 19, 695-705.
- 17. F. Subhan, M. Khan, M Ibrar, Nazar-ul-Islam, A. Khan, and A.H. Gilani (2007). Antagonism of antinociceptive effect of hydroethanolic extract effect of *Hypericum perforatum* Linn. By a non selective opioid receptor antagonist, Naloxone, Pakistan. Journl. Biolog. Sciences. 10 (5), 792-796.
- **18.** Muzaffar Abbas, Fazal Subhan, Khalid Rauf, **Munasib Khan**, Syed Nadeem-ul-Hassan Mohani. The involvement of biogenic amines in the antidepressant effect of bacopa monnieri 2011. Pharmacologyonline 1: http://pharmacologyonline.silae.it/files/archives/2011/vol1/010.abbass.pdf

Departmental level collaborations:

- 1. Antidiabetic activity and histopathological analysis of carnosol isolated from Artemisia indica linn in Streptozotocin induced diabetic rats" has been accepted for Publication in Medicinal Chemistry Research. Accepted for publication in Medicinal Chemistry Research <em@editorialmanager.com>: #MCRE-D-15-00264R19 November 2016 at 1:46:31 AM GMT+5
- 2. Amelioration of CCl4 induced hepatotoxicity by Ziziphus oxyphylla Edgew is mediated by pentacyclic triterpenes" Abdullah Khan; Mir Azam Khan, Achyut *Adhikari;* Waqar Ahmad; Munasib Khan; Ijazud Din BCAM-D-17-00156: Feb 7, 2017 BMC Complementary & Alternative Medicine https://bmccomplementalternmed.biomedcentral.com/
- 3. Fabrication, characterization, in-vitro and in-vivo evaluation of niclosamide loaded solid lipid nanoparticles to enhance oral bioavailability" Mir Azam Khan; Maqsood Ur Rehman; Waheed S Khan; Waqar Ahmad; Muhammad Shafique; Munasib Khan. DARU Journal Of Pharmaceutical Sciences Editorial Office <darujps@biomedcentral.com>

CONFERENCES AND WORKSHOPS ATTENDED:

1. Workshop on "Use of Power-Lab" (3th -4th July 2012) at AKU, Karachi, Pakistan.

- **2.** Annual Conference as "Emergency medicines" (June 2011) at AKU, Karachi, Pakistan.
- 3. Conference: All about Hypertension (Sep. 2011) at AKU, Karachi, Pakistan.
- **4.** Workshop: "Recent advances in Pathology and Toxicology" (10th -30th July 2009) at DOW University, Karachi, Pakistan.
- **5.** Conference as "Old plants new remedies" (9 and 10th June 2008) University of Malakand.
- **6.** Pharmacological basis for use of *Hypericum perforatum* in asthma, diarrhea an spasms. 9th international symposium on "Natural product chemistry". Jan.10-13, 2004, Karachi, Pakistan.
- **7.** Laxative and Antispasmodic Action of Valeriana wallichii leaves. 1st Annual Symposium Dow University of Health Sciences . 16th-20th Dec.,2004.